

**When You Are Far From Help, and the Unthinkable Happens...**

## **WILL YOU BE READY TO SAVE A LIFE?**



- **TRAINED.**
- **EMPOWERED.**
- **PREPARED.**

Whether you are backpacking the Appalachian Trail, cross-country skiing in Vermont, or boating on Narragansett Bay, anytime you are more than 30 minutes away from professional medical care (rescue or hospital), you should know more about first aid than your Standard First Aid course provides.

American Red Cross Wilderness First Aid teaches you how to provide essential emergency care when help is not going to be coming to your rescue anytime soon. Course includes general standard first aid skills, as well as in-depth patient assessment, evacuation decision-making and techniques, use of available resources for rescue efforts, and a variety of other topics not covered in the Standard First Aid course. This course is heavy on student participation. Be prepared to engage in team rescue efforts where you are a key team member - perhaps even the team leader!

You will receive books, course materials, certificate, and WFA patch upon completion. The WFA certificate is valid for three years, while the CPR certificate is valid for one year.

***Mark your calendar today for our next Wilderness First Aid Course:***

**Date:** April 17-18, 2010  
**Location:** Community College of Rhode Island, Knight Campus (Warwick, RI)  
**Time:** 8:00am – 5:00pm both days, CPR skills testing on Saturday evening

*For more information, visit our web site: [www.OutdoorAdventureCorps.org](http://www.OutdoorAdventureCorps.org)*



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